

BELIEVE IN THE POWER OF SPORT

Believe in the Power of Sport

We are **CHEERING FOR** the 2020 Tokyo Olympics and Paralympics

Tokyo Sports Association

purpose

The Tokyo Sports Association serves as an umbrella organization for sports in the Tokyo Metropolitan Area. Our purpose is to cultivate a rich humanity in people and to develop competitive sports by striving to promote sports and improve the physical fitness and better the health of Tokyo residents.

belief

The Three C's that We Value!

Chance

We provide every "chance" possible to all Tokyo residents, regardless of their sex or age, to play, watch, and support sports!

Challenge

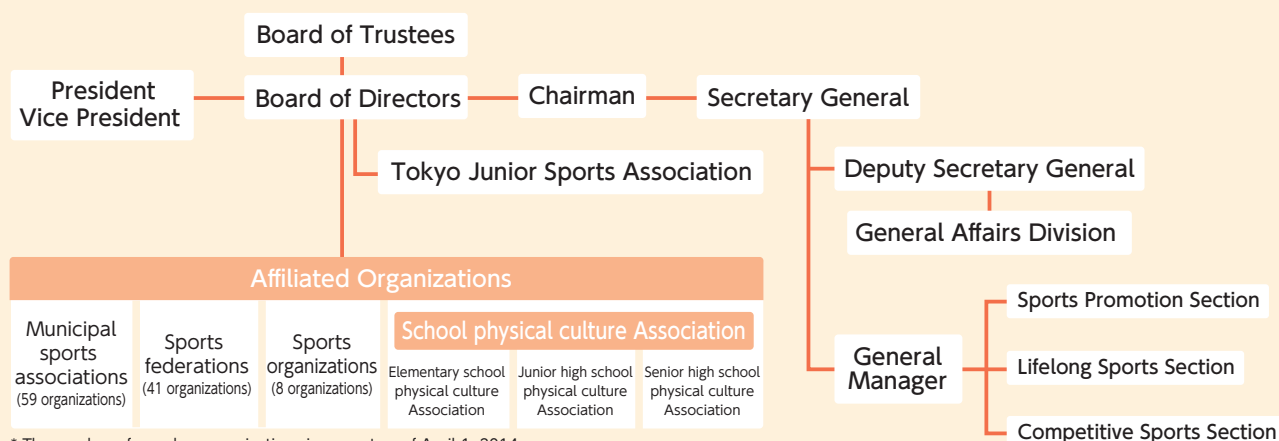
We support a wide range of Tokyo residents in taking on "challenges", including everyone from people in the junior generation to the senior generation

Cheer On

We "cheer" on Tokyo residents when it comes to sports in every way imaginable, including giving sports-related awards and supporting Tohoku recovery



Organizational Chart for the Tokyo Sports Association



* The number of member organizations is current as of April 1, 2014

Sending a Tokyo Delegation to the National Sports Festival

Doing our best to take greater strides forward!

We send the Team Tokyo delegation to the Kanto Block Tournament of the National Sports Festival and the National Sports Festival (both the winter and summer tournament as well as the main tournament).

Tokyo's results

68th National Sports Festival (Sports Festival Tokyo 2013)
Emperor's Cup (men's/women's combined) First place - 3,486 points
Empress' Cup (women's combined) First place - 1,622 points



Strengthening the Athletes Who Will Represent Tokyo

Aiming for the international stage!

We offer support for activities to strengthen athletes and their coaches through sports organizations in Tokyo with a view towards cultivating athletes who can prevail at the National Sports Festival as well as the global level.



Fostering Junior Athletes

Discovering new talent who aspire to become top athletes!

We discover and foster Tokyo-grown junior athletes with talent who are capable of succeeding at the international stage, such as at the Olympic Games. We work together with sports organizations in Tokyo and other entities to support everyone seriously striving to become a top athlete!

Talent Identification & Development

Rowing, boxing, wrestling, weightlifting, cycling, canoeing (sprint), archery



Your first step towards becoming the lead player!

We provide support for the holding of beginner's classes, strength training sessions, tournaments, and other events that are carried out by our member organizations.



Support for Playing Sports throughout One's Lifetime

Supporting sports activities for junior through to Elderly athletes

We promote the creation of sports environments in which people can richly incorporate sports into their daily lines and enjoy sports.

- Regional Promotion Program for Fostering junior Athletes (jointly held together with municipal sport associations)
- Project to Encourage Elderly Sports (jointly held together with municipal sports associations)



Junior Sports Association

Aiming for the sound development of youths

To encourage youth sports we do not carry out activities solely for particular sporting events. Rather, we institute exchange and experience-based activities over a wide range of areas that athletes need during their junior stages, such as outdoor activities as well as cultural and learning activities.

- Encouraging junior sports club in each ward / city
- Cultivating and training coaches, leaders, and others
- Promoting exchange activities for junior sports clubs, etc.



Promoting Lifelong Sports

Everyone should enjoy sports regardless of their age or sex!

We hold sports festival for Tokyo residents in the aim of further popularizing sports activities throughout people's lifetimes.

- Tokyo sports festival (competition between municipalities)
[Summer tournament (2 sports), winter tournament (2 sports), and spring tournament (28 sports)]
- Lifelong Sports festival for Tokyo Residents (17 sports)



Promoting Sports for the Elderly

Aiming to produce representatives for Nenrin-pic!

We encourage sports for the elderly from the perspectives of promoting health and creating meaning in people's lives in a super-aging society.

- Senior Health & Sports Festival Tokyo (10 sports)
- Send a Tokyo delegation (roughly 250 people) to the National Health and Welfare Festival for the Elderly (Nenrin-pic)



JASA Official Lincense

For everyone that takes part in sports activities

We foster coaches who can coach people in how to play sports safely, properly, and enjoyably by utilizing their knowledge of sports medicine and science. We also hold training sessions in order to raise the attributes of coaches by having them acquire the latest knowledge and information.



Supporting Tohoku recovery through sports

We provide recovery support through sports to the regions afflicted by the Great East Japan Earthquake by inviting children from these regions to Tokyo in order to restore said areas to health and build momentum for their reconstruction.

- Sports Exchange Program
- Invitation Program to Watch Sports
- Invitation Program to the Tokyo Marathon 10K



Support for the Development of Comprehensive Community Sports Clubs

Giving everyone the opportunity to take part in sports

We offer advice in an integrated fashion on everything from founding comprehensive community sports clubs within the metropolitan region to making them self-reliant and on their activities. We also oversee new public services through sports to support the development of clubs that will play a central role in their communities.



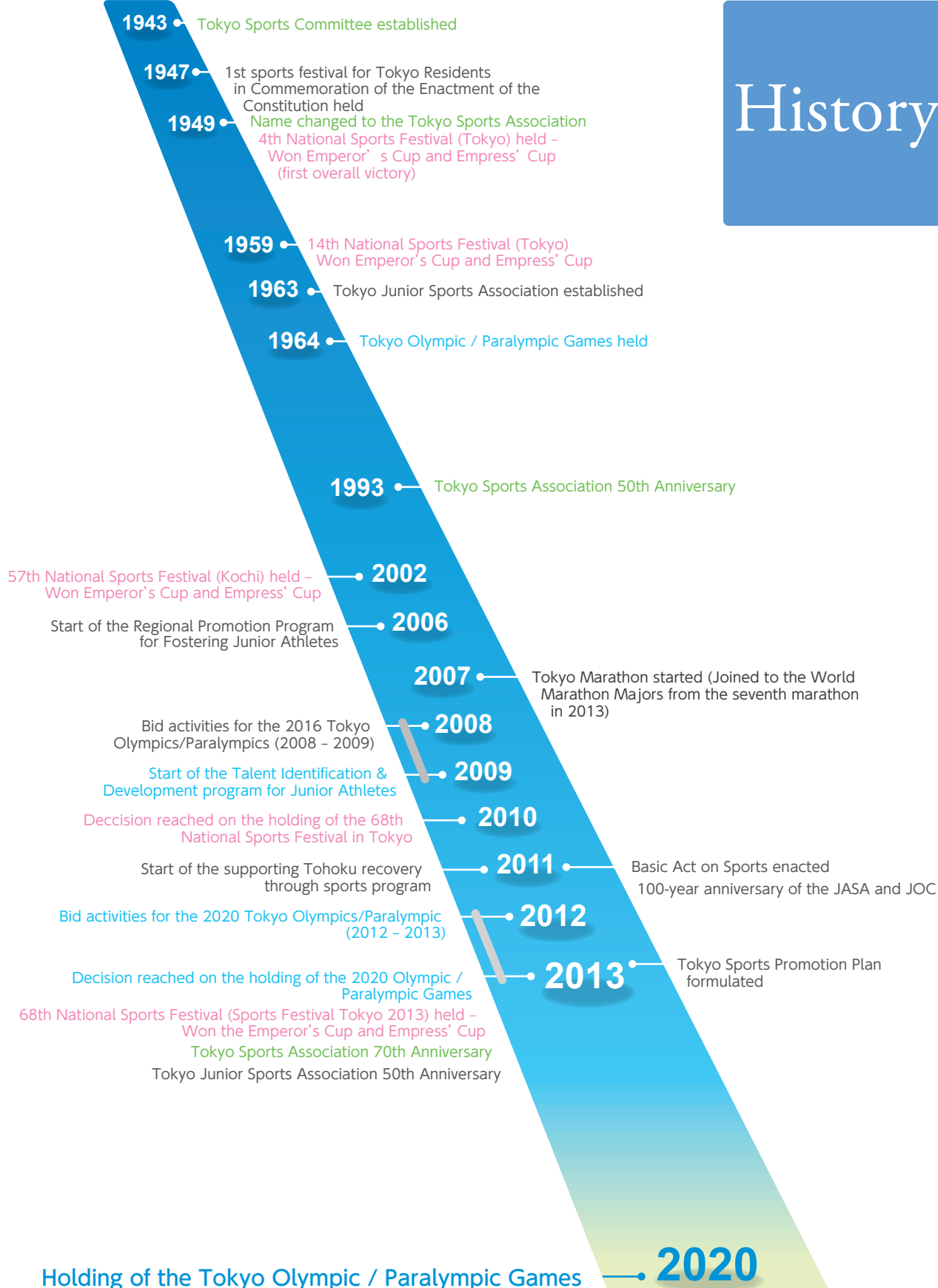
Tokyo Sports Association Awards

Giving sports related awards to cheer on sports activities

- People and organizations that have contributed to promoting or popularizing sports
- Junior and senior high school students and others who have graduated with outstanding records in both athletics and schoolwork
- Individuals and organizations that have achieved outstanding results at the National Sports Festival

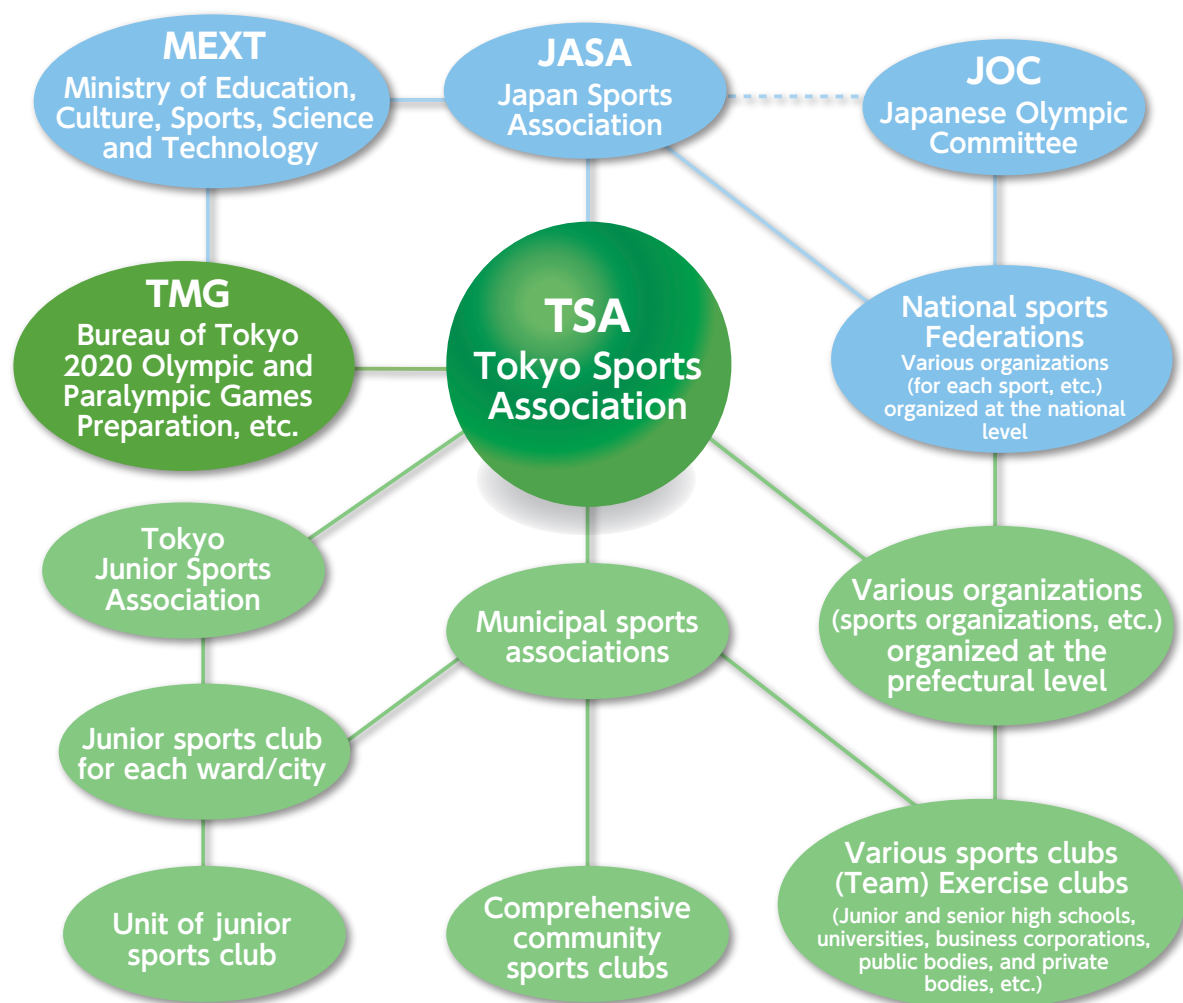


History



the organs concerned

Organizations of the sports world



Believe in the power of sport!

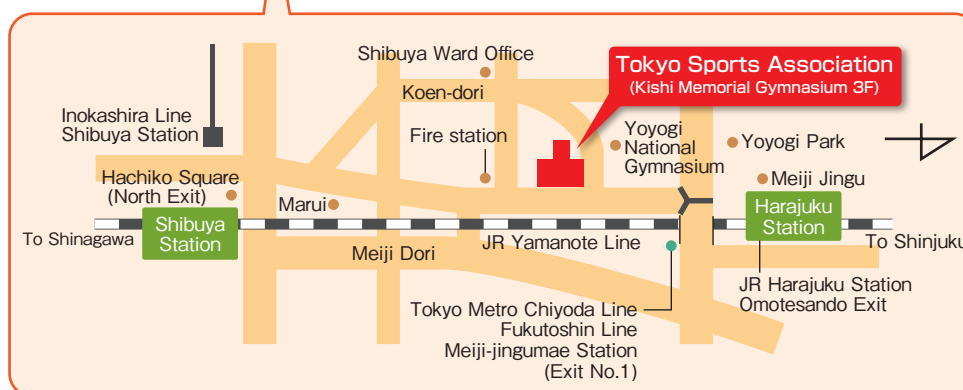
In the Tokyo Sports Association it is our desire to harness the power that sports possess to the utmost extent to allow as many people as possible to spend every day in **good health**. Within sports there are **encounters** and **discoveries** to be found, and they give rise to **emotions** and a **power** that are impossible to express in words. Every day we work on programs to get as many people as possible to experience the true appeal of sports by **believing in the power of sport!**



Access



- 6 minute walk from JR Harajuku Station and Meiji-jingumae <Harajuku> Station on the Tokyo Metro Chiyoda Line and Fukutoshin Line
- 12 minute walk from JR Shibuya Station



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